

Signature Experience

PRIVATE ISLAND ESTATE EXPERIENCE

Immerse yourself in a full day of personalized relaxation with exclusive early access to your own private lanai. Begin with a private wellness session designed to restore balance and calm. Retreat to your cabana for peaceful moments of rest and reflection. Unwind with an aromatherapy bath, followed by Spa Rosa's signature 80-minute Lomi Lomi massage and a soothing scalp treatment. Enjoy a nourishing lunch served on your lanai, paired with sparkling wine or a handcrafted mocktail. Your journey into island bliss begins here.



Spa Packages

DAYDREAM TO LIFE

4+ hours

Begin with a soothing bath soak followed by a 50-minute full body citrus sugar exfoliation, custom therapeutic massage and a rejuvenation facial with calming scalp treatment. Complete your journey with lunch in our tranquil spa setting.

PERFECT ESCAPE

160 minutes

Rejuvenate with an 80-minute custom therapeutic massage and body exfoliation with special attention to the hands and feet using shea butter. Continue with an 80-minute rejuvenation facial, complete with a calming scalp treatment to leave you fully refreshed.

ENJOY THE MOMENT

100 minutes

Celebrate special moments with a 50-minute custom therapeutic massage and your choice of a 50-minute rejuvenation facial or 50-minute citrus body exfoliation. Raise a toast with chilled sparkling wine or a refreshing mocktail to complete your experience.

MARLIN MAN

75 minutes

Tailored for men, this energizing experience features a 50-minute custom therapeutic massage with light stretching, followed by a targeted skincare session using nutrient-rich products designed specially for you.

Signature Journeys

ISLAND STATE OF MIND

100 minutes

Escape with a papaya-pineapple body polish, detoxifying body wrap, and indulge in a soothing scalp massage and a hydrating Kukui coconut oil massage.



SUN ALWAYS SHINING

80 minutes

Glow with a tropical body polish, hydration ritual, and calming scalp massage.



HEART & SOL

80 minutes

Revitalize with dry brushing, gemstone-infused oil massage, cocooning wrap, and illuminating face and scalp massage.



Wellness Journeys for Two: Discover Together, Relax Together

COLORS OF SUNSET FOR TWO

Reconnect with this fun and rejuvenating experience. Paint each other with vibrant, mineral-rich clays, then relax on our private patio as the treatments set.

RELAX AND EXHALE

Unwind together with a 10-minute chair massage in your private casita. Enjoy small bites and cocktails, then spend an hour in the tranquil courtyard embracing serenity and each other's company.



Massages

Choice of 50/80 minutes

LOMI LOMI RADIANCE

Experience the healing art of Lomi Lomi, a rhythmic and flowing massage designed to restore balance and harmony. 80-minute treatment includes a calming scalp treatment.

DESERT RAIN DROP THERAPY

Relax with feather-stroke techniques and essential oils in this aromatic desert-inspired therapy.

CUSTOM THERAPEUTIC RELIEF

Personalized massage for muscle relief, toxin reduction, and mental calm, with medium to firm pressure.

LAID BACK & RELAX

Featuring long, flowing strokes and gentle circular movements with a relaxed to medium pressure.

VOLCANIC STONE SERENITY

Warm volcanic stones soothe muscles, improve circulation, and promote deep relaxation.

BOTANICAL CBD HEALING MASSAGE

CBD, rosehip oil, and healing herbs ease tension, reduce inflammation, and promote relaxation.

REVIVE & RESTORE DEEP TISSUE

Deep tissue techniques and sports therapy target tension and enhance recovery for active individuals.

MOTHER-TO-BE

A gentle massage designed to relieve pregnancy discomfort and enhance relaxation, available beyond first trimester.

MASSAGE ENHANCEMENTS

Coconut Scalp Treatment • CBD-Stress Spot Treatment • Aromatherapy • Volcanic Stones • Hydrating Facial Mask • Hyperice Percussion Therapy

ALL MESSAGES CAN BE ENJOYED FOR TWO IN THE COUPLES CASITA

Body Rituals

PAPAYA PINEAPPLE BAMBOO BODY POLISH

50 minutes

An exfoliating body polish reveals smooth, radiant skin. Followed by a Kukui coconut oil application to nourish and refresh.

CITRUS HYDRATING SUGAR SCRUB

50 minutes

Revitalize your skin with an invigorating blend of citrus-infused sugar and nourishing oil. This treatment buffs away dullness revealing soft, smooth, and radiant skin.

BALANCING WRAP

50 minutes

Realign your energy with a dry brush exfoliation, gemstone-infused oils, and a nourishing body wrap allowing yourself to drift into a state of calming balance and deep inner peace.



Facials

Choice of 50/80 minutes

80 minute service includes extended facial massage, soothing scalp massage, and microcurrent eye enhancement

REJUVENATION

Cleansing, hydrating, and a tailored mask restore balance and glow. 80-minute includes targeted Microcurrent to the face and neck.

VITAMIN SEA POWER UPLIFTING

Firming massage, lymphatic detox, and cryo-sculpting with Cryoblobes uplift and rejuvenate.

PRECIOUS ROSE QUARTZ

Experience the nurturing energy of rose quartz while restoring hydration and radiance with a personalized exfoliation. This luxurious treatment leaves your skin glowing and your spirit refreshed. 80-minute includes a gemstone-infused mask.

FACIAL ENHANCEMENTS

Collagen Mask • Lip Treatment • Peel • Eye Rejuvenation • Coconut Milk Scalp Treatment • Hydrogel Eye • Microcurrent Technology

TREATMENT DURATION

To facilitate your time management, the therapy durations indicated correspond to the length of your treatment at the Spa. We respectfully request that you arrive at least 10 minutes prior to your appointment so that we may acquaint you with our facilities.

SPA ACCESS

Must be 18 or older. Access to Spa Rosa, River Bench Jacuzzi, and all Resort facilities available with the purchase of treatment or day pass.

LATE ARRIVALS

Late arrivals may result in lost treatment time unless our schedule enables us to offer you the full service.

PREPARATION

Shaving is not recommended before any exfoliation services. Please let us know if you are pregnant, have allergies to any products, or have other health conditions that may be a concern.

A MOMENT OF TRANQUILLITY

Spa Rosa is a haven of tranquillity. For your peace and privacy, please silence all electronic devices. Smoking is not permitted in the spa.

PRIVATE WELLNESS CLASSES

A variety of classes for mind and body are available as private sessions. Please contact Spa Rosa for more information.

SERVICE CHARGE & ADMINISTRATIVE FEE

All treatments are subject to a 20% service charge (which is subject to the 7.75% tax). Additional gratuities are a matter of personal discretion and should reflect your satisfaction with our services.

CANCELLATIONS

If you need to cancel your appointment, please notify a spa attendant 8 hours before your scheduled appointment to avoid being charged 50% of the scheduled service fee. If you miss your appointment and fail to call or cancel, you will be charged 100% of the scheduled service fee. Large group cancellations require a 48-hour notice.

PERSONAL BELONGINGS

We provide lockers for your personal belongings but regret that we cannot be responsible for lost or damaged items. Please do not wear your jewelry to the spa. Due to space limitations, we cannot accommodate luggage or sports equipment.

SPARTY

A Spa Party at Spa Rosa is the perfect combination of spa, beauty, wellness, and celebration. Whether you're planning a friend's weekend, bridal party, birthday, or even corporate retreat, let the spa team be your guide and Spa Rosa your destination. We host groups year round and provide the best environment to connect with yourself and your guests.